

Sample MFT Trainee Résumé

Trent Trainee

123 4th Street ♦ Any Town, CA 99999 ♦ Home (123) 555-1212 ♦ Cell (123) 555-3434
mft_trainee@yahoo.com

OBJECTIVE

To obtain a position as an MFT Trainee working with adolescents struggling with chemical dependency

EDUCATION

Pepperdine University, Graduate School of Education and Psychology; Los Angeles, CA

Master of Arts in Clinical Psychology with an emphasis in Marriage and Family Therapy May 2013

University of Any School; City, ST

Bachelor of Science in Psychology May 2010

Summa Cum Laude

RELEVANT COURSEWORK

Clinical Management of Psychopathology
Cross-Cultural Counseling

Techniques of Counseling and Psychotherapy
Substance Abuse Evaluation and Treatment

RELATED EXPERIENCE

Any School; City, ST

Teacher Aide September 2010 – Present

- Document emotional, cognitive and social development of children to determine age-appropriate behavior
- Facilitate parent conferences to assist with strained family relations and effects on children's well-being
- Observe and refer children with disabilities to special educational programs to ensure optimal treatment

Any Agency; City, ST

Volunteer March 2007 – January 2008

- Provided empathic support and safe environment for adolescent females to discuss high-risk behaviors such as drug use, teen pregnancy and sexually transmitted infections
- Integrated intercultural communication component into teambuilding activities to enhance sensitivity and cohesion among youth
- Mentored group of four teenagers by modeling healthy coping skills during times of conflict and distress
- Educated youth on importance of academia, social support and spirituality in goal achievement

Any Agency; City, ST

Tutor March 2005 – September 2006

- Practiced patience, understanding, and persistence to help defiant children thrive in academic settings
- Alleviated test anxiety by teaching students guided imagery relaxation and breathing techniques
- Assisted students with meeting educational goals by reviewing lessons and teaching basic math and reading skills

ADDITIONAL EXPERIENCE

ABC Group; City, ST

Marketing Assistant November 2006 – January 2008

- Teamed with graphic designers to develop design elements and public image for company
- Revamped marketing materials to build brand awareness and effectively disseminate company messaging
- Managed daily administrative duties such as distributing mail, answering phones and scheduling